

In this research study, two McMaster occupational therapy students, in conjunction with the Hamilton Plan for an Age-Friendly City, are evaluating how “age-friendly” rental units in Hamilton are for older adults (aged 65 and older). This will help us to determine what specific environmental adaptations can be made to improve older adults’ quality of life within their rental-units. To be eligible as a participant you must be an older adult (aged 65 or older) and be living in a rental-unit.

This research study is part of Objective 1.4 of the Hamilton’s Plan for an Age-Friendly City: Ensure older adults have the individualized supports they need to help them obtain and maintain housing; 1.4.8 Encourage landlords to install adaptations (grab bars, modified door handles, etc) upon request at little or no cost to the tenant.

Participation in the study will require you to **attend one** of the following three training sessions:

Friday May 6, 10:00AM at the Central Library (Hamilton)

Friday May 6, 1:00PM at the Sackville Hill Seniors Recreation Centre, 7780 Upper Wentworth St., Meeting Room 1

Monday May 9, 10:00AM at the YWCA Ottawa St Active Living Centre, 52 Ottawa St. N, Double Club Room

Those who volunteer will learn how to administer a home assessment and then will be asked to assess their own rental unit. A single training session should take about one hour. All materials to complete and submit the assessment will be provided at the training session.

Those who are interested in volunteering are encouraged to contact Shelagh Kiely by email at [kielys@hhsc.ca](mailto:kielys@hhsc.ca) or by phone at (905) 777 3837 (ext. 12434).

Your participation could help inform future research and policy decisions that will help make Hamilton a more age-friendly city and increased the availability of resources for older adults aging in their homes.

We thank you for your collaboration.