

INFO SHEET 3: ABOUT THE HSIIP

WHAT IS THE HAMILTON SENIORS ISOLATION IMPACT PLAN (HSIIP)?

The HSIIP is comprised of seven collaborating organizations in Greater Hamilton, who will work together to reduce social isolation among seniors in our community. These partners include a backbone organization that will guide the project vision and strategy and help align existing activities (**Hamilton Council on Aging**), a research centre that will link community partners, stakeholders, and older people in a participatory research initiative (**Gilbrea Centre for Studies in Aging, McMaster University**), an interactive tool that will join all community support sector agencies in Hamilton (**Thrive Group**), community connectors (**Wesley Urban Ministries**), peer connectors (**YWCA Hamilton**), and hospital connectors (**St. Joseph's Home Care, AbleLiving Services**) that will work to connect individuals in need with existing services and social opportunities across the Greater Hamilton area.

HOW IS THE HSIIP WORKING TO ADDRESS SOCIAL ISOLATION?

The HSIIP team is taking a number of important steps to remedy and prevent social isolation among our senior population. We will:

- Find and work with seniors at risk for social isolation.
- Help reduce barriers to seniors' engagement in activities and networks.
- Create opportunities for seniors to become involved in meaningful social activities and their communities.
- Build more sustainable and inclusive communities that value the contributions of all members, regardless of age.

Learn more about the Hamilton Seniors Isolation Impact Plan:

WEBSITE:

<http://socialisolation.ca>

EMAIL:

socialisolation@mcmaster.ca

**Materials developed by: Gilbrea Centre for Studies in Aging, McMaster University*

gilbrea centre for Studies in Aging



WHEN IS CHANGE EXPECTED?

Over the next three years (**by 2018**), the HSIIP will increase in the number of seniors who can access support and help when they need it; feel connected to family, friends, and acquaintances; participate regularly in physical and/or social activities; and feel valued by family, friends and acquaintances. The seven partner organizations will work together to build our community capacity to **identify, reach, and connect** isolated seniors.