



## E-NEWS

This is an electronic newsletter published by the Gilbrea Centre and available by subscription or on the Gilbrea website. If you would like to subscribe, send an e-mail to [gilbrea@mcmaster.ca](mailto:gilbrea@mcmaster.ca). If your e-mail address is changing, please let us know.

## GILBREA NEWS

This semester our team was busy presenting at aging conferences, hosting and attending community events, and kicking off our new hybrid seminar series.

The Gilbrea Centre and the Department of Health, Aging & Society had a shared booth and excellent representation at the Canadian Association on Gerontology conference in Regina, Saskatchewan (October 20-22, 2022). Turn to our "Member Participation" section to find out who presented this year.



Two Gilbrea members took home awards. Gilbrea Associate Director, Dr. Nicole Dalmer was awarded the CAG 2022 New Investigator Award (pictured left). Post-Doctoral Fellow, Dr. Stephanie Hatzifilalithis was awarded one of the best posters at the AGE-WELL conference. A big congratulations to both of them!

This newsletter features some of the events, programs, open house(s) and conferences that our Gilbrea team has hosted, attended and presented in. It provides an update on our members and the great work that they are doing. It also showcases some ways that you can get involved!

Gilbrea's team is growing! Check out the next section, where we introduce Gilbrea's new Post-Doctoral Fellow!

## IN THIS ISSUE

- Gilbrea Centre News & New Team Member
- Gilbrea Programming
- Member Research & Participation
- Upcoming Events & Conferences

## WELCOMING OUR NEW TEAM MEMBER

### Join us in welcoming Post-Doctoral Fellow: Constance Dupuis



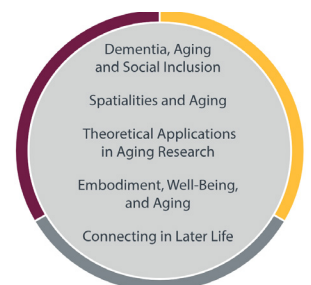
Constance is completing her PhD at Erasmus University Rotterdam's International Institute of Social Studies. Drawing on her background in feminist political ecology, her research focuses on aging and where care across generations intersects with care for place/environment. With a passion for community-based research, she is keen to learn from/with hopeful possibilities for radical care.

*This 2-year post-doctoral position was funded by the Faculty of Social Sciences and the McMaster Institute for Research on Aging (MIRA)*

## GILBREA'S 5 THEMATIC RESEARCH AREAS

Gilbrea is excited to announce 5 new thematic research areas:

Our Director, Anthea Innes takes forward the theme of social inclusion, with a particular focus on dementia and care partners. Gilbrea's Associate Director Meridith Griffin leads the theme on embodiment, wellbeing and aging through a focus on lived experience. Associate Director Nicole Dalmer leads the exploration of connecting in later life with a critical examination of aging in place, the social organization of care work, and the implications of gerontechnological optimism. Gavin Andrews pushes forward research related to spatialities and aging, as well as dynamics between aging, space and place. James Gillett leads in an area many scholars in the Centre work within, where theory is applied to real world concerns.



To learn more, visit the [Gilbrea Centre Research Page](#).

## PUBLIC LECTURE BY DR. ANTHEA INNES

On September 22nd 2022, Gilbrea Centre Director, Dr. Anthea Innes presented a public lecture hosted by the Alzheimers Society titled "Dementia friendly communities: What are they? Why do they matter?". The talk took place at the beautiful Burlington Art Gallery. This interactive and engaging session gave attendees the opportunity to understand, identify, examine and learn about the importance of dementia friendly communities. Thanks to all who joined!



## GILBREA'S OPEN HOUSE EVENT(S)

During the fall semester, the Gilbrea Centre hosted an Open House Event to introduce our new team members, share a bit about our plans for the upcoming year, as well as consult and hear from members about their research interests and possible avenues for collaboration.

The first open house took place on October 3rd 2022 (pictured below) in the Gilbrea Centre. This event was invitation only, and included those whose research interests within the faculty may align or compliment those of the Gilbrea Centre as we move into a new chapter of work where involvement and collaboration with older people and other stakeholders are central aims. We had some great conversations, discussions, and strategic planning through interactive activities.

Stay tuned for details re: our next open house happening in 2023!



## MIRA/LABARGE CATALYST GRANT SYMPOSIUM

Gilbrea attended the annual MIRA/Labarge Catalyst Grant Symposium on November 29th. The symposium included presentations by **new grant recipients** and updates from ongoing projects.

Associate Director, Nicole Dalmer (pictured right), discussed planned research on behalf of the project "Women growing older: Older women's experiences of accessing cannabis information & support through virtual community".



Jenna Smith-Turchyn spoke about the project "Pilot RCT of a virtual peer-support exercise intervention for older adults with cancer" with team members including Gilbrea Director, Anthea Innes.

The project "The Experiences of Black Canadians Living with Dementia in the Greater Toronto and Hamilton Area and Their Care Partners in Providing Care" led by Ingrid Waldron and Lydia Kapriri and colleagues was also one of the featured presentations.

## THE SHARE GROUP'S FIRST EVENT

On December 7th 2022, The Gilbrea SHARE group held it's first event of the year in L.R.Wilson Hall, Community Room.

This first meeting was an opportunity to meet, talk about the goals of the SHARE group, and allow members to sign-up for the different SHARE subgroups: Research and Knowledge Translation, Inter-Generational Collaboration, Social Health and Wellbeing, and a short-term group to aid in consultation for the design of the new Gilbrea Centre space which will be opening in Sept 2023.

Some photos from the event:



This fun event gave the opportunity for new and existing members to connect and work collaboratively on the process of reshaping and re-envisioning the group together.

If you or someone you know is interested in becoming part of the Gilbrea SHARE Group, please [register here](#), or contact our SHARE Coordinator, [Mason McLeod](#).

## STUDENT MEMBERS

The Gilbrea Centre student group welcomes students with an interest in social studies of aging.

We are pleased to announce the Chair of the Student Group for the 2022-2023 academic year is, **Belen Miguel** (Gilbrea RA)



The students had a jam-packed semester with a movie night social, a journal club, holiday social and general club meetings.

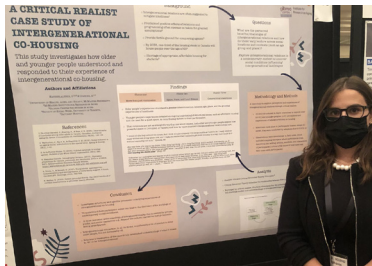
Everyone is welcome to join in on the conversation! Keep an eye on the Gilbrea Student twitter page ([@GilbreaStudent](#)) for dates and times of the next meeting. You can also follow the Gilbrea Student group on their new instagram page [@gilbreastudentgroup](#)

Interested in joining the student group? Learn more about the Centre and its current student members by visiting <https://gilbrea.mcmaster.ca/people> or contact [gilbrea@mcmaster.ca](mailto:gilbrea@mcmaster.ca).

## CAG 2022 CONFERENCE, REGINA

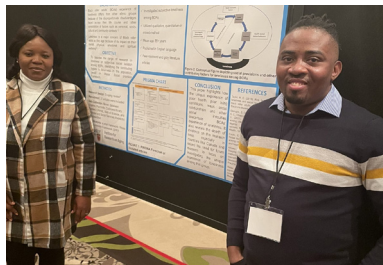
The Gilbrea Centre and McMaster University was well represented at this years' Canadian Association on Gerontology conference "Closing the research-practice Gap" held in Regina, Saskatchewan (Oct 20th-22nd 2022). It was the 51st Annual Scientific and Educational Meeting and brought together experts in the field of aging across a range of disciplines and professions, including health, social science, practice and policy.

The Gilbrea Centre and HAS Department were excited to once again co-host an exhibit booth at the conference. We were able to greet lots of new faces and say hello to some old friends after two long years since the last in-person CAG conference.



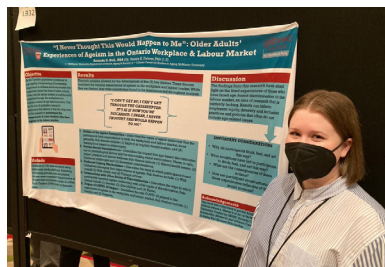
Stephanie Hatzifilalithis presenting a poster at the CAG Conference (Left)

Blessing Ojembe & Michael Kalu Presenting a poster at CAG2022 (Right)



Gilbrea Director, Anthea Innes presenting her research in a session at CAG2022 (Left)

Amanda Bull presenting a poster at CAG2022. (Right)



Blessing Ojembe received a Gilbrea Travel Award to facilitate her travel to the CAG 2022 conference. Upon her return, she shared a reflective blog titled "Targeting meaningful research impact through knowledge mobilization".

## KARL KINANEN RESEARCH SCHOLARSHIP

The Karl Kinanen Student Research Scholarship is awarded annually to 1 Undergraduate student (\$1500) and 1 Graduate student (\$3000) from the department of Health, Aging and Society who, through their research are dedicated to improving the quality of care of older adults and to helping people stay connected in the Hamilton community.

These scholarship funds have been made possible due to the generous support of former McMaster faculty member Karl Kinanen, his wife, Beatrice Kemp and a number of friends and colleagues.



### Blog Post: "How the Karl Kinanen Student Research Scholarship is Supporting Young Researchers"



Karl Kinanen Undergraduate Award Recipient for the 2021-2022 year, **Bria Mitrovica**, BA (Hons) in Health, Aging & Society (Pictured Left), shares her blog post. She reflects on the impact of the award in supporting her contributions

as an RA on the project "Aging with Public Libraries: Mobilizing Social Infrastructures for Social Inclusion" led by Dr. Nicole Dalmer.

Excerpt from the blog post by Bria:

*"I also learned that producing knowledge is but one element of useful and accessible research, as we continue to mobilize our findings to community partners to inform their approach to enhancing services for older adults"*

[Read the full blog post by Bria Mitrovica here!](#)

Gilbrea is excited to announce the 2022-2023 Karl Kinanen Undergraduate Student Research Award Recipient: **Dylan Lu**



Dylan is finalizing his 4th and final year in Health and Society with a Specialization in Mental Health and Addictions. He is proud to be working as a Research Assistant to Professor Anthea Innes, Professor in the Department of Health, Aging and Society and the Director of the Gilbrea Centre for Studies in Aging. Due to his field experience in long term care homes, Dylan is determined to make a positive and influential impact on the health and wellbeing of older adults.

Deadlines for 2022-2023 applications:  
Graduate Student Scholarship: **January 27th, 2023**  
[Learn more about the award and how to apply here](#)

## MEMBER PARTICIPATION

In October 2022, many of our Gilbrea Staff, Associate members and Students presented at the Canadian Association on Gerontology conference in Regina.

**Bull, A., Dalmer, N.** (Oct 20-22, 2022). "I Never Thought This Would Happen to Me": Older Adults' Experiences of Ageism in the Ontario Workplace and Labour Market [Poster]

**Dalmer, N., Cedeira Serantes, L., Mitrovica, B.** (Oct 20-22, 2022) "'It's just with 'senior' - the thing is, I don't feel like I'm 68": Older adults' opinions on age labels in the library" [Oral Presentation]

**Dalmer, N., Biruk, C., Hatzifilalithis, S.** (Oct 20-22, 2022) "Theorizing data with older adults: Co-creating a new critical lexicon" [Oral Presentation]

**Hatzifilalithis, S., Grenier, A.** (Oct 20-22, 2022). "I like hearing the door close": A Critical Realist Case Study of Intergenerational co-housing" [Poster]

**Innes, A., Higgins, R., Spacey, A.** (Oct 20-22, 2022) "Providing care to people living with dementia: The views and experiences of UK radiography practitioners" [Oral Presentation]

**Kalu, M., Dal Bello-Haas, V., Griffin, M., Boamah, S., Harris, J.** (Oct 20-22, 2022) "Enhancing the research and clinical use of a comprehensive mobility framework: Evidence from the literature" [Poster]

**Ojembe, B., Kapiriri, L., Griffin, M., Fudge Schormans, Ann.** (Oct 20-22, 2022) "Loneliness across the three-dimensional spaces: A narrative experience of Black older adults living in Ontario." [Oral Presentation]

**Ojembe, B., Kalu, M., Ezulike Donatus, C., Iwuagwu, A., Prince Ekoh, C., Oyinlola, O., Osifeso, T., Makanjuola, J., Kapiriri, L.** (Oct 20-22, 2022). "Understanding Social and Emotional Loneliness among Black Older adults: A Scoping Review" [Poster]

Sheila Boamah, S., **Vrkljan, B., Mitchell, S., Kalu, M.** (Oct 20-22, 2022) "Partnering with health care workers in long-term care to develop solutions that improve workers' mental health and wellbeing" [Oral Presentation]

## MEMBER PUBLICATIONS

**Andrews G J, Duff C, Woodward, K, Gorman R** (2022) Speed and space: rates of motion in health and wellbeing. *Wellbeing, Space & Society* 2, 1 1-11

**Dalmer, N. K. & Cedeira Serantes, L.** (2022). Imag(in)ing aging futures in comics and graphic novels. In V. Ylanne (Ed.), *Ageing and the media: International perspectives* (pp. 133-156). Policy Press.

**Griffin, M., Bailey, A., & Lopez, K.** (2022). #BodyPositive? A critical exploration of the body positive movement within physical cultures taking an intersectionality approach. *Frontiers in Sports and Active Living: The History, Culture and Sociology of Sports*, 10 October. <https://doi.org/10.3389/fspor.2022.908580>

**Griffin, M, Harvey, K, Gillett, J & Andrews, G.** (2022) Writing as/about leisure: Connecting with oneself and others through creative practice *Leisure Sciences* 44, 7, 862-880

**Innes, A., Morris, L., Wyatt, M. & McEvoy, P.** (2022) Communication skills training for family caregivers of people living with dementia: the experiences of peer facilitators and course attendees, *Educational Gerontology*, 48:3, 103- 113, DOI: 10.1080/03601277.2021.2018961

**Kalu, M.E., Dal Bello-Haas, V., Griffin, M., Ploeg, J., & Richardson, J.** (2022). A Comprehensive Mobility Discharge Assessment Framework for older adults transitioning from hospital-to-home in the community – what mobility factors are critical to include? Protocol for an international e-Delphi study. *PLoS ONE*, 17(9), e0267470. <https://doi.org/10.1371/journal.pone.0267470>

**Kalu, M.E., Dal Bello-Haas, V., Griffin, M., Boamah, S., Harris, J., Zaide, M., Rayner, D., Khattab, N., Abraham, S., Richardson, T., Savaterri, N., Wang, Y., & Tkachyk, C.** (2022). Cognitive, psychological and social factors associated with older adults' mobility: a scoping review of self-report and performance-based measures. *Psychogeriatrics*, 22(4), 553-573. <https://doi.org/10.1111/psyg.12848>

## UPCOMING EVENTS

### 2022 gilbrea centre for Studies in Aging 2023 SEMINAR SERIES

All 2022-2023 seminars will be held in a hybrid format. Seminars will be available via zoom, with the option to attend an in-person viewing session live in L.R. Wilson Room 1003 at McMaster. If zoom is new for you, check out our zoom guide [here](#)

#### Disability Justice and Dementia: The Shifting Culture of Dementia in Canada

Dr. Katie Aubrecht, Assistant Professor, St. Francis Xavier University  
Thursday February 2nd 2023 | 2:30PM-3:30PM EST  
Co-Hosted with the Department of Health, Aging and Society  
Register here: <https://bit.ly/3Xqg0fK>

#### "I Never thought this would happen to me": Older adult's experiences of ageism in the ontario workplace & Labour Market.

Amanda Bull, Karl Kinanen Graduate Student Scholarship Recipient,  
MA Student in the Department of Health, Aging and Society.  
Thursday March 9th 2023 | 2:30PM-3:30PM EST

#### In case you missed it...

#### Partnering Across Sectors to Strengthen Community-Based Social Innovations for Aging

Dr. Emily Greenfield, Professor, Rutgers, The State University of New Jersey.  
Co-Hosted with the Department of Health, Aging and Society  
Watch the recording here: [Youtube Video](#)

#### Re-storying Apocalypse: Intergenerational Storytelling on Aging Futures

Dr. May Chazan, Assistant Professor, Trent University  
Watch the recording here: [Youtube video](#)

#### Full details available at :

<https://gilbrea.mcmaster.ca/events>



## UPCOMING CONFERENCES



**Aging and Social Change Conference**  
Sept 14-15, 2022 - <https://bit.ly/3Tm8mkb>

**Save the Dates!**

**CAG2023**

52nd Annual Scientific and Educational Meeting

October 26-28, 2023

Toronto, Ontario, Canada

Call for Abstracts in January 2023! | [Join the Mailing List!](#)

**Oct 26-28, 2023, Toronto, Ontario- <https://cagacg.ca/asem/cag2023/>**

## 52<sup>nd</sup> Annual Conference 2023

5 -7 July 2023

**BSG2022- Inclusive participation throughout  
ageing: creating a society for all'.**

**July 5-7, 2022, University of East Anglia (UEA) - <https://www.britishgerontology.org/events-and-courses/bsg-annual-conference>**

## IN THE NEWS

- Associate Director, Dr. Nicole Dalmer (HAS Department) was featured in the "Spark Connections" Newsletter. The newsletter featured a kudos to Nicole who was awarded the New Investigator Award at the CAG 2022 Conference. Read the newsletter [here](#):
- Post-Doctoral Fellow, Dr. Stephanie Hatzifilalithis was nominated for the UN Healthy Aging 50 Leaders. Learn more [here](#).
- Gilbrea Centre Director, Anthea Innes is a collaborator on the Future of Canada Project "COVID-19 in racialized communities in the Greater Toronto Area: Experiences and conceptualizations of loss" led by Ingrid Waldron and Chandrima Chakraborty, and Research Assistant: Rachel Michels. Learn more about the project [here](#).
- Associate Directors, Dr. Nicole Dalmer and Dr. Meridith Griffin were among the concerned researchers who signed the article "New 'more beds' legislation adds up to worse care" in the Hamilton Spectator. Read the full article [here](#).
- Forces in Mind Trust has awarded funding to the University of Manchester for a new research project. Gilbrea Director, Anthea Innes and colleague will explore experiences of veterans living with dementia in their own home. Read more about the FIMT project [here](#).
- Associate Director Dr. Nicole Dalmer and Post-Doctoral Fellow Dr. Stephanie Hatzifilalithis were featured in the conversation with their article "Ageism in tech: Older adults should be included in the design of new technologies" Read the full article [here](#).

## BECOME A MEMBER

Interested in learning more about becoming an Associate member of the Gilbrea Centre? Please e-mail [gilbrea@mcmaster.ca](mailto:gilbrea@mcmaster.ca).

**gilbrea**  
centre  
for Studies in Aging

**McMaster**  
University



## CONNECT WITH US

Connect with us to learn more about upcoming events, opportunities, and more!

Help us profile your research, student opportunities, and new publications!

Send them to [gilbrea@mcmaster.ca](mailto:gilbrea@mcmaster.ca)



@GilbreaCentre  
@GilbreaStudent



Gilbrea Centre for Studies in Aging  
Gilbrea Student



TheGilbreaCentre



Gilbrea Centre

Visit us online at [gilbrea.mcmaster.ca](http://gilbrea.mcmaster.ca)

## CONTACT US

Gilbrea Centre for Studies in Aging  
L.R. Wilson Hall, Room 2026  
McMaster University  
1280 Main Street West  
Hamilton, Ontario, L8S 4K1

T: (905) 525 9140 ext. 24449

F: 905 525 4198

E: [gilbrea@mcmaster.ca](mailto:gilbrea@mcmaster.ca)

W: <http://gilbrea.mcmaster.ca/>

*The information in this update is for information purposes only. The Gilbrea Centre for Studies in Aging provides these links only as a convenience and not as an endorsement by the Centre. These linked sites are not under the control of the Gilbrea Centre. If you decide to visit any linked site, you do so at your own risk and it is your responsibility to take all protective measures to guard against viruses and other destructive elements.*